

Better health through better habits.

A new, simple approach to losing weight and staying healthy.

restorehealth
a health/leet program

GET A FREE
Digital Scale
&
Activity Tracker



What is RestoreHealth?

RestoreHealth is a digital program that helps individuals get to the root cause of their health issues, not just the symptoms. With a focus on improvements in sleep, stress, nutrition, and exercise, **RestoreHealth improves your lifestyle to help you learn healthy habits and lose weight for good.**

You'll get access to a live health coach, a mobile app, and personalized content and activities. Use your FREE connected devices to monitor your sleep and weight progress remotely! We're here to make it easy for lasting health changes.

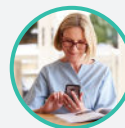


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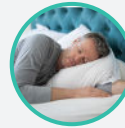
When well-known weight loss programs didn't work, I turned to RestoreHealth. **I've now lost just shy of 115 pounds and I'm keeping it off.**

—Lisa, RestoreHealth Member

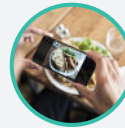
Why RestoreHealth members are successful:



Real relationships with real people: a live coach who works with you on your terms.



Personalized & relevant content for each member: meeting you where you need it most.



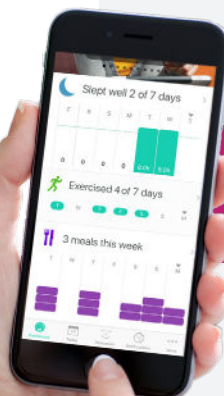
Easy & simple to use app: it's actually quite fun, too!



Consistent use of the program leads to positive health outcomes: lose weight, improve your health, live better.



PLUS, you'll receive a FREE Digital Tracker and Wi-Fi scale to help you track your progress (\$150 value).



Sign up for FREE today!